


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>January cont'd 31</p> <p>Essential Exercise 8:30 ♥ Breakfast [DR] 9:30 ★ Sunday Service w/Church on Congress Ave. 11:00 ♥ Game on Exercise: Putt-Putt Golf (Residents) 12:30 Lunch 1:00 ☺ Smooth Jazz Music in the Main Lobby [LOB] 2:00 ♡ Echo Dot: Movie Trivia! - National Hot Chocolate Day, enjoy a fresh cup! (Sign-Up Only) [AR] 5:30 ♡ Dinner [DR]</p>	<p></p>	<p>2603 Jones Road Austin, TX 78745 512-892-7226</p>	<p>Location Keys</p> <p>Activity Room AR Chapel C Dining Room DR Lobby LOB TV/ Media Room TV</p>	<p>☺ Be Adventurous ☑ Be Challenged 📍 Be Connected 👨‍👩‍👧 Be Family ★ Be Inspired 🦋 Be Social ♥ Be Well 🍴 Meals</p>	<p>1</p> <p>8:30 ♥ Breakfast [DR] 10:30 ☺ Line Dance Practice [AR] 12:30 Lunch 2:00 ♡ New Year's Day Scavenger Hunt! (Pick-Up in Activity Room) [AR] 3:00 ☑ New Year's Day Crossword Puzzle! (Pick-Up in Activity Room) [AR] 5:30 ♡ Dinner [DR]</p>	<p>2</p> <p>Essential Exercise <i>Work of art Color/ puzzles (Get sheets in the Activity Room)</i> 8:30 ♥ Breakfast [DR] 10:30 ☑ Word Search Sheet [AR] 12:30 Lunch 2:00 🦋 Afternoon Movie: Titanic (Sign-Up Only) [AR] 5:30 ♡ Dinner [DR]</p>
<p>3</p> <p>Essential Exercise 8:30 ♥ Breakfast [DR] 9:30 ★ Sunday Service w/Church on Congress Ave. 11:00 ♥ Game on Exercise: Putt-Putt Golf (Residents) 12:30 Lunch 1:00 ☺ Smooth Jazz Music in the Main Lobby [LOB] 2:00 ♡ Echo Dot Trivia/Games (Hello Alexa!) [AR] 5:30 ♡ Dinner [DR]</p>	<p>4</p> <p>8:30 ♥ Breakfast [DR] 10:00 ♥ Chair Exercise [TV] 11:00 ★ Arts & Crafts: Paper Bouquet (Sign-Up Only) [AR] 12:30 Lunch 3:00 ★ Vibrant Life Store Open! Bring your Vibrant Bucks!! 3:30 ♡ Grab 'N Go Snack w/Trivia - National Trivia Day!! [AR] 5:30 ♡ Dinner [DR]</p>	<p>5</p> <p>8:30 ♥ Breakfast [DR] 10:00 ♥ Chair Exercise [TV] 11:00 ★ Arts & Crafts: Decorate a Tissue Box! (Sign-Up Only) [AR] 12:30 Lunch 2:30 📺 Bewitched Season 1! Episodes will be shown weekly (Sign-Up Only) [AR] 4:00 ☑ Resident Quarter BINGO (Resident will call Bingo) [DR] 5:30 ♡ Dinner [DR]</p>	<p>6</p> <p>8:30 ♥ Breakfast [DR] 10:00 ♥ Game on Exercise: putt-putt golf [TV] 11:00 ★ Arts & Crafts: Making Hand Soap Bars! (Sign-Up Only) [AR] 12:30 Lunch 2:00 ☺ Beginners Sign Language: Day, Month, and Year! (Sign-Up Only) [AR] 3:00 ♡ Wine Down Wednesday: (Sign-up only) [AR] 4:00 ♡ Bingo On-The-Go! Pick-up [AR] 5:30 ♡ Dinner [DR]</p>	<p>7</p> <p>8:30 ♥ Breakfast [DR] 10:00 ☑ Corn Hole (TEAM Practice TIME) [TV] 11:00 ♡ Sing-a-long! 50's Rock'n'Roll (Sign-Up Only) [AR] 12:30 Lunch 2:00 ☺ Pictionary! (Sign-Up Only) [AR] 3:30 ♡ Thrifty Thursday! Grab 'n' Go Drink! [AR] 5:30 ♡ Dinner [DR]</p>	<p>8</p> <p>8:30 ♥ Breakfast [DR] 10:00 ♡ Line Dance Practice [AR] 10:30 ☑ Line Dance [AR] 11:00 📍 Book Discussion Group! (Get w/Jennie) [C] 12:30 Lunch 1:30 📍 Food Committee Meeting! (Dining Room) [DR] 3:00 ♡ Friday Social/Trivia Quiz Challenge Social [AR] 3:30 📍 Afternoon Tea & Cookies w/Current Events! (Sign-Up Only) [AR] 5:30 ♡ Dinner [DR]</p>	<p>9</p> <p>Essential Exercise <i>Work of art Color/ puzzles (Get sheets in the Activity Room)</i> 8:30 ♥ Breakfast [DR] 10:30 ☑ Pick-Up Word Search Sheets TO-GO! [AR] 12:30 Lunch 2:00 🦋 Afternoon Movie: Hotel Rwanda (Sign-Up Only) [AR] 5:30 ♡ Dinner [DR]</p>
<p>10</p> <p>Essential Exercise 8:30 ♥ Breakfast [DR] 9:30 ★ Sunday Service w/Church on Congress Ave. 11:00 ♥ Game on Exercise: Putt-Putt Golf (Residents) 12:30 Lunch 1:00 ☺ Smooth Jazz Music in the Main Lobby [LOB] 2:00 ♡ Echo Dot Trivia/Games (Hello Alexa!) [AR] 5:30 ♡ Dinner [DR]</p>	<p>11</p> <p>8:30 ♥ Breakfast [DR] 10:00 ♥ Chair Exercise [TV] 11:00 ★ Arts & Crafts: Decorate a MASK! (Sign-Up Only) [AR] 12:30 Lunch 2:00 ☑ Lotería (Spanish BINGO) Win VL bucks! (Sign-Up Only) [AR] 3:00 ★ Vibrant Life Store Open! Bring your Vibrant Bucks!! 3:30 ♡ Grab 'N Go Snack w/Fun Facts [AR] 5:30 ♡ Dinner [DR]</p>	<p>12</p> <p>8:30 ♥ Breakfast [DR] 10:00 ♥ Chair Exercise [TV] 11:00 ★ Arts & Crafts: Paint Lady Bug Rocks! (Sign-Up Only) [AR] 12:30 Lunch 2:30 📺 Bewitched Season 1! Episodes will be shown weekly (Sign-Up Only) [AR] 4:00 ☑ Resident Quarter BINGO (Resident will call Bingo) [DR] 5:30 ♡ Dinner [DR]</p>	<p>13</p> <p>8:30 ♥ Breakfast [DR] 10:00 ♥ Game on Exercise: putt-putt golf [TV] 11:00 ★ Arts & Crafts: National Sticker Day (Sign-Up Only) [AR] 12:30 Lunch 2:00 ☺ Beginners Sign Language: Learning Animals [AR] 3:00 ♡ Wine Down Wednesday: (Sign-up only) [AR] 4:00 ♡ Bingo On-The-Go! Pick-up [AR] 5:30 ♡ Dinner [DR]</p>	<p>14</p> <p>8:30 ♥ Breakfast [DR] 10:00 ☑ Corn Hole (TEAM Practice TIME) [TV] 11:00 ♡ Sing-a-long! Beach Boys (Sign-Up Only) [AR] 12:30 Lunch 2:00 ☺ Pictionary! (Sign-Up Only) [AR] 3:30 ♡ Thrifty Thursday! Grab 'n' Go Drink! [AR] 5:30 ♡ Dinner [DR]</p>	<p>15</p> <p>8:30 ♥ Breakfast [DR] 10:00 ♡ Line Dance Practice [AR] 10:30 ☺ Line Dance [AR] 11:00 📍 Book Discussion Group! (Get w/Jennie) [C] 12:30 Lunch 3:30 📍 Afternoon Tea & Cookies w/Current Events! (Sign-Up Only) [AR] 5:30 ♡ Dinner [DR]</p>	<p>16</p> <p>Essential Exercise <i>Work of art Color/ puzzles (Get sheets in the Activity Room)</i> 8:30 ♥ Breakfast [DR] 10:30 ☑ Pick-Up Word Search Sheets TO-GO! [AR] 12:30 Lunch 2:00 🦋 Afternoon Movie: Clue (Sign-Up Only) [AR] 5:30 ♡ Dinner [DR]</p>
<p>17</p> <p>Essential Exercise 8:30 ♥ Breakfast [DR] 9:30 ★ Sunday Service w/Church on Congress Ave. 11:00 ♥ Game on Exercise: Putt-Putt Golf (Residents) 12:30 Lunch 1:00 ☺ Smooth Jazz Music in the Main Lobby [LOB] 2:00 ♡ Echo Dot Trivia/Games (Hello Alexa!) [AR] 5:30 ♡ Dinner [DR]</p>	<p>18</p> <p>8:30 ♥ Breakfast [DR] 10:00 ♥ Chair Exercise [TV] 11:00 ★ Arts & Crafts: I Have a Dream, Peace Flower (Sign-Up Only) [AR] 12:30 Lunch 2:00 ★ I Have a Dream, Martin Luther King Jr Speech (Sign-Up Only) [AR] 3:00 ★ Vibrant Life Store Open! Bring your Vibrant Bucks!! 3:30 ♡ Grab 'N Go Snack w/Fun Facts [AR] 5:30 ♡ Dinner [DR]</p>	<p>19</p> <p>8:30 ♥ Breakfast [DR] 10:00 ♥ Chair Exercise [TV] 11:00 📺 National Popcorn Day! Fresh Popcorn and Fun Facts! [AR] 12:30 Lunch 2:30 📺 Bewitched Season 1! Episodes will be shown weekly (Sign-Up Only) [AR] 4:00 ☑ Resident Quarter BINGO (Resident will call Bingo) [DR] 5:30 ♡ Dinner [DR]</p>	<p>20</p> <p>8:30 ♥ Breakfast [DR] 10:00 ♥ Game on Exercise: putt-putt golf [TV] 11:00 ★ Arts & Crafts: Plant a Flower (Sign-Up Only) [AR] 12:30 Lunch 2:00 ☑ Beginners Sign Language: Learning Food! (Sign-Up Only) [AR] 3:00 ♡ Wine Down Wednesday: (Sign-up only) [AR] 4:00 ♡ Bingo On-The-Go! Pick-up [AR] 5:30 ♡ Dinner [DR]</p>	<p>21</p> <p>8:30 ♥ Breakfast [DR] 10:00 ♥ Corn Hole (TEAM Practice TIME) [TV] 11:00 ♡ Sing-a-long! 60's Music (Sign-Up Only) [AR] 12:30 Lunch 2:00 ☺ Pictionary! (Sign-Up Only) [AR] 3:30 ♡ Thrifty Thursday! Grab 'n' Go Drink! [AR] 5:30 ♡ Dinner [DR]</p>	<p>22</p> <p>8:30 ♥ Breakfast [DR] 10:00 ♥ Line Dance Practice [AR] 10:30 ☺ Line Dance [AR] 11:00 📍 Book Discussion Group! (Get w/Jennie) [C] 12:30 Lunch 1:30 📍 Food Committee Meeting! (Dining Room) [DR] 3:30 📍 Afternoon Ice Cream Sundaes! (Sign-Up Only) [AR] 5:30 ♡ Dinner [DR]</p>	<p>23</p> <p>Essential Exercise <i>Work of art Color/ puzzles (Get sheets in the Activity Room)</i> 8:30 ♥ Breakfast [DR] 10:30 ☑ Pick-Up Word Search Sheets TO-GO! [AR] 12:30 Lunch 2:00 🦋 Afternoon Movie: Where The Red Fern Grows (Sign-Up Only) [AR] 5:30 ♡ Dinner [DR]</p>
<p>24</p> <p>Essential Exercise 8:30 ♥ Breakfast [DR] 9:30 ★ Sunday Service w/Church on Congress Ave. 11:00 ♥ Game on Exercise: Putt-Putt Golf (Residents) 12:30 Lunch 1:00 ☺ Smooth Jazz Music in the Main Lobby [LOB] 2:00 ♡ Echo Dot: Price it Right (Hello Alexa!) [AR] 5:30 ♡ Dinner [DR]</p>	<p>25</p> <p>8:30 ♥ Breakfast [DR] 10:00 ♥ Chair Exercise [TV] 11:00 ★ Arts & Crafts: Sensory Pouches (Sign-Up Only) [AR] 12:30 Lunch 2:00 ☑ Lotería (Spanish BINGO) Win VL bucks! (Sign-Up Only) [AR] 3:00 ★ Vibrant Life Store Open! Bring your Vibrant Bucks!! 3:30 ♡ Grab 'N Go Snack w/Fun Facts [AR] 5:30 ♡ Dinner [DR]</p>	<p>26</p> <p>8:30 ♥ Breakfast [DR] 10:00 ♥ Chair Exercise [TV] 11:00 ★ Arts & Crafts: Birdseed Favors (Sign-Up Only) [AR] 12:30 Lunch 2:30 📺 Bewitched Season 1! Episodes will be shown weekly (Sign-Up Only) [AR] 4:00 ☑ Resident Quarter BINGO (Resident will call Bingo) [DR] 5:30 ♡ Dinner [DR]</p>	<p>27</p> <p>8:30 ♥ Breakfast [DR] 10:00 ♥ Game on Exercise: putt-putt golf [TV] 11:00 📺 National Chocolate Cake Day! Bake a fresh cake (Sign-Up Only) [AR] 12:30 Lunch 2:00 ☑ Beginners Sign Language: Learning the Alphabet! (Sign-Up Only) [AR] 3:00 ♡ Wine Down Wednesday: (Sign-up only) [AR] 4:00 ♡ Bingo On-The-Go! Pick-up [AR] 5:30 ♡ Dinner [DR]</p>	<p>28</p> <p>8:30 ♥ Breakfast [DR] 10:00 ♥ Corn Hole (TEAM Practice TIME) [TV] 11:00 ♡ Sing-a-long! Elvis (Sign-Up Only) [AR] 12:30 Lunch 2:00 ☺ Pictionary! (Sign-Up Only) [AR] 3:30 ♡ Thrifty Thursday! Grab 'n' Go Drink! [AR] 5:30 ♡ Dinner [DR]</p>	<p>29</p> <p>8:30 ♥ Breakfast [DR] 10:00 ♥ Line Dance Practice [AR] 10:30 ☺ Line Dance [AR] 11:00 📍 Book Discussion Group! (Get w/Jennie) [C] 12:30 Lunch 3:30 📍 Afternoon Tea & Cookies w/Current Events! (Sign-Up Only) [AR] 5:30 ♡ Dinner [DR]</p>	<p>30</p> <p>Essential Exercise <i>Work of art Color/ puzzles (Get sheets in the Activity Room)</i> 8:30 ♥ Breakfast [DR] 10:30 ☑ Pick-Up Word Search Sheets TO-GO! [AR] 12:30 Lunch 2:00 🦋 Afternoon Movie: To Catch a Thief (Sign-Up Only) [AR] 5:30 ♡ Dinner [DR]</p>