

		BE VIBRANT. BE YOU.			Solstice Senior Living at Austin	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SOLSTICE SENIOR LIVING AT AUSTIN	2603 Jones Road Austin, TX 78745 512-892-7226	Location Keys Activity Room AR Bus Trip BT Lobby LOB TV/ Media Room TV	8:00 Breakfast Delivery 10:30 4th of July Photo's 11:30 Vibrant Life Store open 12:30 Lunch Delivery 1:00 4th of July Trivia Challenge 3:00 Grab 'N Go 4th of July Rum Snow Cones [AR] 5:30 Dinner Delivery	8:00 Breakfast Delivery 10:30 Line Dancing with Hope 11:00 Decorate the 4th of July Garden & Unity Wall [AR] 12:30 Lunch Delivery 1:00 Trivia Prize Winners Announced 1:30 Pick-up your 4th of July Photo [AR] 2:00 Continued: Decorate the 4th of July Garden & Unity Wall [AR] 3:00 Individualized friendly conversation with Hope (Get \$5 VL Bucks for participation) Sign-up ONLY [AR] 5:30 Dinner Delivery	8:00 Breakfast Delivery 10:00 Holy Rosary (Sagely TV) 10:30 Holy Rosary (Sagely TV) 10:30 Lunch Delivery 3:00 Social Boost Grab 'N Go [AR] 5:30 Dinner Delivery	Essential Exercise Work of art Color/ puzzles (Get sheets in the front lobby) 8:00
Essential Exercise 8:00 ♥ Breakfast Delivery 10:30 ★ Church on Congress AVE. live streaming 11:00 ♥ Sunday Putt-Putt Golfing (Signup only) [AR] 12:30 ₩ Lunch Delivery 2:00 ♣ Gospel Music [LOB] 3:00 ★ Hidden Pictures: Brain Game & Uplifting music [AR] 5:30 ₩ Dinner Delivery	8:00 Breakfast Delivery 10:00 Essential Exercise Class [TV] 10:30 Austin City Sight Seeing Tour (Bus Trip 4 people sign-up) [BT] 11:30 Vibrant Life Store Open 12:30 Lunch Delivery 2:00 Sip & Paint (Sign-up) [AR] 3:30 Grab N Go Popcorn 5:30 Dinner Delivery	8:00 Breakfast Delivery 10:00 Essential Exercise Class [TV] 11:30 Arts & Crafts 12:30 Lunch Delivery 2:00 B-I-N-G-O (Sign-up Only) 5:30 Dinner Delivery	8:00 Breakfast Delivery 10:00 Essential Exercise Class [TV] 10:30 Austin City Sight Seeing Tour (Bus Trip 4 people sign-up) [BT] 12:30 Lunch Delivery 3:00 Grab 'N Go Wine Down Wednesday [AR] 5:30 Dinner Delivery	10:30 Cine Dancing with Hope	8:00 Breakfast Delivery 10:00 Holy Rosary (Sagely TV) 10:30 Senior Fitness with Merdith 12:30 Lunch Delivery 2:00 B-I-N-G-O (Sign-up Only) 3:00 Social Boost Grab 'N Go [AR] 5:30 Dinner Delivery	Essential Exercise Work of art Color/ puzzles (Get sheets in the front lobby) 8:00 Breakfast Delivery 10:00 Saturday Morning Shabbat (Beth Israel) 10:30 Grab Go and Coffee with Hope 12:30 Lunch Delivery 1:00 Word Search Sheet 5:30 Dinner Delivery
Essential Exercise 8:00 ♥ Breakfast Delivery 10:30 ★ Church on Congress AVE. live streaming 11:00 ♥ Sunday Putt-Putt Golfing (Signup only) [AR] 12:30 ★ Lunch Delivery 2:00 ★ Gospel Music [LOB] 3:00 ★ Hidden Pictures: Brain Game & Uplifting music [AR] 5:30 ★ Dinner Delivery	8:00 Breakfast Delivery 10:00 Essential Exercise Class [TV] 10:30 Austin City Sight Seeing Tour (Bus Trip 4 people sign-up) [BT] 11:30 Vibrant Life Store Open 12:30 Lunch Delivery 3:00 Grab N Go Snack 5:30 Dinner Delivery	8:00 Breakfast Delivery 10:00 Essential Exercise Class [TV] 11:30 Arts & Crafts 12:30 Lunch Delivery 2:00 B-I-N-G-O (Sign-up Only) 5:30 Dinner Delivery	8:00 Breakfast Delivery 10:00 Essential Exercise Class [TV] 10:30 Austin City Sight Seeing Tour (Bus Trip 4 people sign-up) [BT] 12:30 Lunch Delivery 3:00 Grab 'N Go Rum Snow Cones [AR] 5:30 Dinner Delivery	8:00 Breakfast Delivery 10:30 Line Dancing with Hope 12:30 Lunch Delivery 3:00 Individualized friendly conversation with Hope (Get \$5 VL Bucks for participation) Sign-up ONLY [AR] 5:30 Dinner Delivery	10:00 ★ Holy Rosary (Sagely TV) 10:30 ♥ Senior Fitness with Merdith 12:30 ₩ Lunch Delivery 2:00 P B-I-N-G-O (Sign-up Only)	Essential Exercise Work of art Color/ puzzles (Get sheets in the front lobby) 8:00 → Breakfast Delivery 10:00 ★ Saturday Morning Shabbat (Beth Israel) 10:30 ★ Grab Go and Coffee with Hope 12:30 ★ Lunch Delivery 1:00 Word Search Sheet 5:30 ★ Dinner Delivery
Essential Exercise 8:00	8:00 Breakfast Delivery 10:00 Essential Exercise Class [TV] 10:30 Austin City Sight Seeing Tour (Bus Trip 4 people sign-up) [BT] 11:30 Vibrant Life Store Open 12:30 Lunch Delivery 3:30 Grab N Go Popcorn 5:30 Dinner Delivery	8:00 Breakfast Delivery 10:00 Essential Exercise Class [TV] 11:30 Arts & Crafts 12:30 Lunch Delivery 2:00 B-I-N-G-O (Sign-up Only) 5:30 Dinner Delivery	Lunch Delivery (Birthday Celebration) 8:00	8:00 Breakfast Delivery 10:30 Line Dancing with Hope 12:30 Lunch Delivery 3:00 Individualized friendly conversation with Hope (Get \$5 VL Bucks for participation) Sign-up ONLY [AR] 5:30 Dinner Delivery	10:00 ★ Holy Rosary (Sagely TV) 10:30 ♥ Senior Fitness with Merdith 12:30 ♥ Lunch Delivery 2:00 ► B-I-N-G-O (Sign-up Only)	Essential Exercise Work of art Color/ puzzles (Get sheets in the front lobby) 8:00 ♥ Breakfast Delivery 10:00 ★ Saturday Morning Shabbat (Beth Israel) 10:30 ★ Grab Go and Coffee with Hope 12:30 ★ Lunch Delivery 1:00 ▶ Word Search Sheet 5:30 ★ Dinner Delivery
Essential Exercise 8:00 ♥ Breakfast Delivery 10:30 ★ Church on Congress AVE. live streaming 11:00 ♥ Sunday Putt-Putt Golfing (Signup only) [AR] 12:30 ★ Lunch Delivery 2:00 ★ Gospel Music [LOB] 3:00 ★ Hidden Pictures: Brain Game & Uplifting music [AR] 5:30 ★ Dinner Delivery	8:00 Breakfast Delivery 10:00 Essential Exercise Class [TV] 10:30 Austin City Sight Seeing Tour (Bus Trip 4 people sign-up) [BT] 11:30 Vibrant Life Store Open 12:30 Lunch Delivery 3:30 Grab N Go Popcorn 5:30 Dinner Delivery	8:00 Breakfast Delivery 10:00 Essential Exercise Class [TV] 11:30 Arts & Crafts 12:30 Lunch Delivery 2:00 B-I-N-G-O (Sign-up Only) 5:30 Dinner Delivery	8:00 Breakfast Delivery 10:00 Essential Exercise Class [TV] 10:30 Austin City Sight Seeing Tour (Bus Trip 4 people sign-up) [BT] 12:30 Lunch Delivery 3:00 Grab 'N Go Rum Snow Cones [AR] 5:30 Dinner Delivery	10:30 Line Dancing with Hope	10:00 ★ Holy Rosary (Sagely TV) 10:30 ♥ Senior Fitness with Merdith 12:30 ♥ Lunch Delivery 2:00 ► B-I-N-G-O (Sign-up Only)	Be Adventurous Be Challenged Be Connected Be Family ★ Be Inspired Be Social Be Well Birthday